

Exercise Science - Scientific Foundations (BS) Four-Year Plan

Exercise Science - Scientific Foundations of Exercise Track - Bachelor of Science 2020-2021 Four-Year Plan

| Freshman | | | | | |
|--|-------|-----------------------------------|-------|---|-------|
| First Term | Hours | Second Term | Hours | Summer Term | Hours |
| ENGL 110C (C or better required) | 3 | Literature | 3 | BIOL 240 or 250 (C or better required) | 4 |
| MATH 102M or 103M (C or better required) | 3 | Interpreting the Past | 3 | | |
| Oral Communication | 3 | Information Literacy and Research | 3 | | |
| BIOL 121N | 3 | BIOL 123N | 3 | | |
| BIOL 122N | 1 | BIOL 124N | 1 | | |
| Human Behavior | 3 | EXSC 225 | 3 | | |
| | 16 | | 16 | | 4 |

| Sophomore | | | | | |
|---|-------|--|-------|-----------------|-------|
| First Term | Hours | Second Term | Hours | Summer Term | Hours |
| ENGL 211C (C or better required) | 3 | CHEM 123N | 3 | BIOL 241 or 251 | 4 |
| EXSC 250 | 3 | CHEM 124N | 1 | | |
| CHEM 121N (C or better required as prerequisite for CHEM 123N) | 3 | STAT 130M (required as prerequisite for EXSC 420) | 3 | | |
| CHEM 122N (C or better required as prerequisite for CHEM 124N) | 1 | EXSC 240 | 3 | | |
| Minor or Elective or Foreign Language (if required) | 3 | Minor or Elective or Foreign Language (if required) | 3 | | |
| | 13 | | 13 | | 4 |

| Junior | | | |
|------------------|-------|-----------------------|-------|
| First Term | Hours | Second Term | Hours |
| PHYS 111N | 4 | PHYS 112N | 4 |
| EXSC 322 | 3 | EXSC 327 | 3 |
| EXSC 326 | 3 | EXSC 366 | 1 |
| Human Creativity | 3 | Philosophy and Ethics | 3 |

| | | Minor or Upper-Division General Education | 3 |
|------------|-------|---|-------|
| | 13 | | 14 |
| Senior | | | |
| First Term | Hours | Second Term | Hours |
| EXSC 428 | 3 | EXSC 417 | 4 |
| EXSC 420 | 3 | EXSC 431W (C or better required) | 3 |
| EXSC 408 | 3 | Minor or Upper-Division General Education | 3 |
| EXSC 415 | 4 | Electives | 4 |
| | 13 | | 14 |

Total credit hours: 120

This is a suggested curriculum plan to complete this degree program in four years. Please consult information in this Catalog, Degree Works, and your academic advisor for more specific information on course requirements for this degree.